

Lesson 1

1

10 Things You May Not Know About Martin Luther King Jr.

Explore 10 surprising facts about the civil rights leader.

Christopher Klein/History.com

Martin Luther King Jr. (1929-1968) was a Baptist minister and social activist who played a key role in the American civil rights movement from the mid-1950s until his assassination in 1968. Explore ten surprising facts about the civil rights leader and 1964 Nobel Peace Prize winner.

1. King's birth name was Michael, not Martin.

The civil rights leader was born Michael King Jr. on January 15, 1929. In 1934, however, his father, a pastor at Atlanta's Ebenezer Baptist Church, traveled to Germany and became inspired by the Protestant Reformation leader Martin Luther. As a result, King Sr. changed his own name as well as that of his 5-year-old son.

2. King entered college at the age of 15.

King was such a gifted student that he skipped grades 9 and 12 before enrolling in 1944 at Morehouse College, the alma mater of his father and maternal grandfather. Although he was the son, grandson and great-grandson of Baptist ministers, King did not intend to follow the family vocation until Morehouse president Benjamin E. Mays, a noted theologian, convinced him otherwise. King was ordained before graduating college with a degree in sociology.

3. King received his doctorate in systematic theology.

After earning a divinity degree from Pennsylvania's Crozer Theological Seminary, King attended graduate school at Boston University, where he received his Ph.D. degree in 1955. The title of his dissertation was "A Comparison of the Conceptions of God in the Thinking of Paul Tillich and Henry Nelson Wieman."

4. King's "I Have a Dream" speech was not his first at the Lincoln Memorial.

Six years before his iconic oration at the March on Washington, King was among the civil rights leaders who spoke in the shadow of the Great Emancipator during the Prayer Pilgrimage for Freedom on May 17, 1957. Before a crowd estimated at between 15,000 and 30,000, King delivered his first national address on the topic of voting rights. His speech, in which he urged America to "give us the ballot," drew strong reviews and positioned him at the forefront of the civil rights leadership.

5. King was jailed 29 times.

According to the King Center, the civil rights leader went to jail nearly 30 times. He was arrested for acts of civil disobedience and on trumped-up charges, such as when he was jailed in Montgomery, Alabama, in 1956 for driving 30 miles per hour in a 25-mile-per-hour zone.

6. King narrowly escaped an assassination attempt a decade before his death.

On September 20, 1958, King was in Harlem signing copies of his new book, "Stride Toward Freedom," in Blumstein's department store when he was approached by Izola Ware Curry. The woman asked if he was Martin Luther King Jr. After he said yes, Curry said, "I've been looking for you for five years," and she plunged a seven-inch letter opener into his chest. The tip of the blade came to rest alongside his aorta, and King underwent hours of delicate emergency surgery. Surgeons later told King that just one sneeze could have punctured the aorta and killed him. From his hospital bed where he convalesced for weeks, King issued a statement affirming his nonviolent principles and saying he felt no ill will toward his mentally ill attacker.

7. King's last public speech foretold his death.

King had come to Memphis in April 1968 to support the strike of the city's black garbage workers, and in a speech on the night before his assassination, he told an audience at Mason Temple Church: "Like anybody, I would like to live a long life. Longevity has its place. But I'm not concerned about that now ... I've seen the Promised Land. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land. And I'm happy tonight. I'm not worried about anything. I'm not fearing any man. Mine eyes have seen the glory of the coming of the Lord."

8. Members of King's family did not believe James Earl Ray acted alone.

Ray, a career criminal, pled guilty to King's assassination but later recanted. King's son Dexter met publicly with Ray in 1997 and argued for the case to be reopened. King's widow, Coretta, believed the Mafia and local, state and federal government agencies were deeply involved in the murder. She praised the result of a 1999 civil trial in which a Memphis jury decided the assassination was the result of a conspiracy and that Ray was set up to take the blame. A U.S. Department of Justice investigation released in 2000 reported no evidence of a conspiracy.

9. King's mother was also slain by a bullet.

On June 30, 1974, as 69-year-old Alberta Williams King played the organ at a Sunday service inside Ebenezer Baptist Church, Marcus Wayne Chenault Jr. rose from the front pew, drew two pistols and began to fire shots. One of the bullets struck and killed King, who died steps from where her son had preached nonviolence. The deranged gunman said that Christians were his enemy and that although he had received divine instructions to kill King's father, who was in the congregation, he killed King's mother instead because she was closer. The shooting also left a church deacon dead. Chenault received a death penalty sentence that was later changed to life imprisonment, in part due to the King family's opposition to capital punishment.

10. George Washington is the only other American to have had his birthday observed as a national holiday.

In 1983 President Ronald Reagan signed a bill that created a federal holiday to honor King. The holiday, first commemorated in 1986, is celebrated on the third Monday in January, close to the civil rights leader's January 15 birthday.

Lesson 1 continued

a. Which word *does not* mean the same as the underlined word assassination?

- A. killing
- B. murder
- C. homicide
- D. birth

b. Which words can *best* replace the words iconic oration:

- A. well-known speech
- B. unimportant writing
- C. unrecognizable poem
- D. insignificant literature

c. Which statement *best* summarizes this reading about Martin Luther King Jr.?

- A. Everyone knows about all of the information presented in the article.
- B. There are ten facts about Martin Luther King, Jr. that many people probably don't know about.
- C. Many Americans have had their birthdays observed as national holidays.
- D. King's last speech didn't forecast or predict his death.

d. Which description best explains what Dr. King meant by give us the ballot?

- A. Let us speak
- B. Let us protest
- C. Let us vote
- D. Let us march

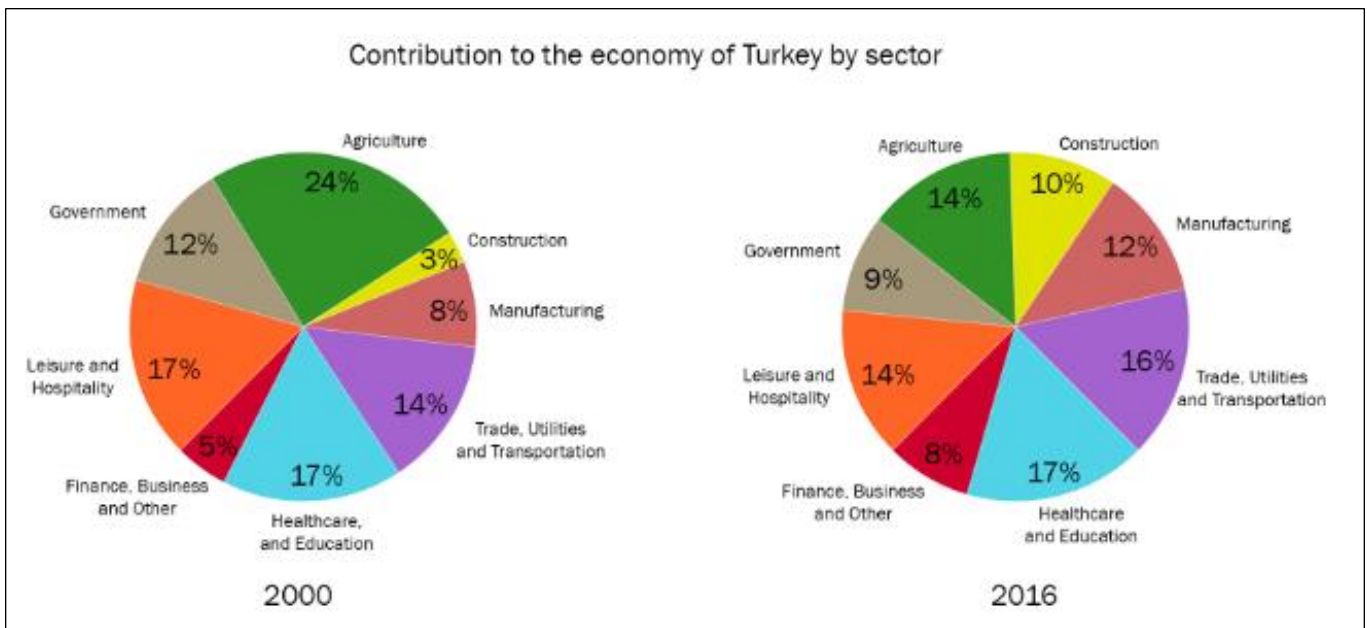
e. What does this article imply about the importance of religion to Martin Luther King Jr.?

- A. Religion was not important to Martin Luther King Jr.
- B. Religion was very important to Martin Luther King Jr.
- C. Religion was somewhat important to Martin Luther King Jr.
- D. Religion was never important to Martin Luther King Jr.

f. Which paragraphs let us know that Dr. King promoted harmony and peace?

- A. Paragraph 7 and 8
- B. Paragraph 6 and 9
- C. Paragraph 1 and 2
- D. Paragraph 5 and 10

2



a. The pictures above are “pie charts”. Which is correct?

- A. They tell what type of pie people like to eat.
- B. They tell how many pies are available to buy.
- C. They are circular graphs set up like pieces of a pie to compare and analyze information.
- D. They tell who sold the most pies.

b. The information is presented in two pie charts to _____.

- A. show that healthcare and education grew significantly from 2000-2016
- B. convince the reader that agriculture is being replaced by other contributors to the economy
- C. provide a graphic illustration of the decline of manufacturing
- D. show the growth of the government sector

c. Which category *grew the most* from 2000-2016?

- A. Healthcare
- B. Construction
- C. Leisure and Hospitality
- D. Manufacturing

d. What is the meaning of economy in the title of the charts?

- A. market
- B. environment
- C. geography
- D. agriculture

e. What is the meaning of sector in the title of the charts?

- A. entirety
- B. whole
- C. segment
- D. total

3

Medical Marijuana: Pros and Cons

In 1970, the US Congress placed marijuana in Schedule I of the Controlled Substances Act because they considered it to have "no accepted medical use." Since then, 33 of 50 US states and DC have legalized the medical use of marijuana.

Proponents of medical marijuana argue that it can be a safe and effective treatment for the symptoms of cancer, AIDS, multiple sclerosis, pain, glaucoma, epilepsy, and other conditions. They cite dozens of peer-reviewed studies, prominent medical organizations, major government reports, and the use of marijuana as medicine throughout world history.

Opponents of medical marijuana argue that it is too dangerous to use, lacks FDA-approval, and that various legal drugs make marijuana use unnecessary. They say marijuana is addictive, leads to harder drug use, interferes with fertility, impairs driving ability, and injures the lungs, immune system, and brain. They say that medical marijuana is a front for drug legalization and recreational use.

Source: ProCon.org

a. What is the main purpose of this article?

- A. To convince people that there are only positive reasons to use medical marijuana.
- B. To describe the types of drugs that are available to anyone who wants to use them.
- C. To provide the advantages and disadvantages of using medical marijuana.
- D. To explain why medical marijuana is illegal in many states.

b. What's one way that the writer tries to prove that medical marijuana is dangerous to use:

- A. By stating that people can get addicted and it worsens driving ability
- B. By referring to dozens of peer-reviewed research reports
- C. By saying that it has the endorsement of the Food and Drug Administration
- D. By saying it's a harmless treatment for various medical conditions

c. The proponents would answer yes and the opponents would answer no to which question?

- A. Should people have a choice in the medication that they take?
- B. Should medical marijuana replace all other types of drugs?
- C. Should medical marijuana be legal in all states?
- D. Should people consider medical marijuana a drug for recreational use?

d. The words front for can be replaced by:

- A. A way to promote
- B. A way to hide
- C. A way to limit
- D. A way to pay for

Six Fruits Loaded With Sugar

BY ALIA HOYT JUL 2, 2019

(From howstuffworks.com)

It's a fact that Americans eat too much sugar and too few fruits and vegetables. But some fruits have a lot sugar in them too. The USDA recommends people don't consume more than 12 teaspoons (50.4 grams) of added sugar per day. This is the type found in manufactured sweet foods like candy, sodas and cakes, but also sneakily in ketchup and yogurt. But sugar is naturally present in many others types of foods as well.

"When talking about 'sugar' it's important to keep in mind that all types of carbohydrates become 'sugar' in the bloodstream," says Jedha Dening, nutritionist and diabetes nutrition researcher in an email. "In a sense, natural sugar is not as bad as conventional sugar because it's packaged in a whole fruit that also contains fiber, nutrients, and compounds that are beneficial and assist with the breakdown of sugar."

The naturally occurring sugar found in fruit is known as fructose, and only poses a problem some of the time. "Fructose is only really harmful when consumed in excess amounts, which is difficult to do with whole fruit," says fitness and nutrition coach Ashlee Van Buskirk, of Denver-based [Whole Intent](http://WholeIntent.com) in an email. "Fruit is not the enemy. In fact, fruit is necessary for a healthy diet."

There are some people for whom fruit-related sugar can be problematic, however. "For a healthy person fruit is fine to include but for someone with diabetes or fatty liver, higher sugar fruits are best excluded due to the higher carbs, sugar and fructose," says Dening.

So, whether you're living with one of those ailments or just trying to reduce calories, you may want to watch how much you eat of the following fruits.

1. Mangoes

These tropical beauties pack about 23 grams of sugar per serving (1 cup). Instead, opt for the equally exotic papaya, which has only 8.3 grams of sugar for the same serving size. "Swap these mangoes with a serving of papaya to decrease your sugar, increase fiber, and add a healthy serving of probiotic enzymes naturally found in in papaya," suggests nutrition expert Ashley A. Reinke.

2. Bananas

Bananas are conveniently self-packaged, portable and creamy, which is why they're such a popular go-to fruit and the world's fourth-ranked food crop in sales. While bananas are naturally low in saturated fat, cholesterol and sodium, the average one features about 27.5 grams of sugar (51.4 grams of total carbohydrates)! Reinke suggest trading that banana in your smoothie for half an avocado (0 sugars, 4 grams of total carbs) to keep the creamy quotient, cut the sugar content and add some healthy fats, which will up your fullness factor.

3. Cherries

Much like the other fruits on this list, the news isn't all bad for cherry-lovers. In fact, cherries are known to decrease oxidative stress in the body, as well as inflammation. However, 1 cup of the sweet treats packs 17.7 grams of sugar. If you need the anti-inflammatory benefits in a less sweet form, pick up some strawberries, instead. They have far less natural sugar in a 1 cup serving (just 7.4 grams).

4. Pears

Pears are one of the fruits with the highest fructose concentration. "They have so much fructose that it can often become impossible for our bodies to absorb it all, causing stomach digestion issues," Reinke explains. "Decrease your serving size or opt to bite into a crunchy apple instead." A medium pear has 16 grams of sugar, compared with the 10 grams found in an apple. Plus, apples have been shown to regulate blood sugar.

5. Pineapple

One cup of pineapple chunks has about 16 grams of sugar, which isn't the worst on this list, but is still a lot higher than its tropical alternative guava, which has 9 grams of sugar in a 100-gram serving. Guava is also rich in soluble fiber, which helps keep nasty blood sugar spikes at bay.

6. Grapes

These are often referred to as "nature's candy," for good reason. Grapes have 23 grams of sugar per 1.5 cup serving. A good substitute is to snack on a cup of blackberries, which has a comparatively paltry 7 grams of sugar, and also obesity-fighting benefits.

a. Jedha Dening, nutritionist and diabetes nutrition researcher, believes that natural sugar is not as bad as conventional sugar because _____.

- A. it's healthy for people with diabetes
- B. it's consumed in excess
- C. it's found in fruit that contains other useful and positive ingredients
- D. it's found in ketchup and yogurt

b. The main idea of the article is to:

- A. argue that pears have the lowest amount of fruit-related sugar
- B. tell the reader which fruits to cut down on and which fruits to choose as healthy substitutes
- C. list the six fruits that are not full of sugar
- D. encourage readers to eat meat and potatoes

c. Which word can be used in place of problematic:

- A. safe
- B. hassle-free
- C. troublesome
- D. problem-free

d. Which sentence would make the best conclusion to this article?

- A. It doesn't matter how much or what types of fruit you eat if you have diabetes.
- B. Paying attention to how much higher sugar fruits you eat can help you manage illnesses and reduce calories.
- C. Fruits loaded with sugar include papaya, strawberries, apples and blackberries.
- D. Americans don't eat too much sugar but they do consume lots of fruits and vegetables.

e. Which word is the best substitute for opt?

- A. eliminate
- B. choose
- C. decline
- D. exclude

f. The author says that grapes are often called "nature's candy" because....

- A. They are small and easy to eat like some candy.
- B. They look a lot in appearance like candy.
- C. They have so much sugar in them.
- D. They grow in a natural environment.

duolingo

SITE LANGUAGE: ENGLISH ▾



The best new way to learn a language.

Learning with Duolingo is fun and addictive. Earn points for correct answers, race against the clock, and level up. Our bite-sized lessons are effective, and we have **proof that it works**.

▶ [SEE HOW WE DO IT](#)

Duolingo (*DOO-oh-LING-qoh*) is a platform that includes a language-learning website and app, as well as a digital language proficiency assessment exam. The app and the website are free. Duolingo also offers a premium service for a fee. As of August 2019 the language-learning website and app offer 90 different language courses in 22 languages. The app has over 300 million registered users across the world. (From Wikipedia, the free encyclopedia)

a) Which of the following statements is an opinion?

- A. Duolingo is a platform that includes a language-learning website and app.
- B. The app has over 300 million registered users across the world.
- C. The app and the website are free.
- D. Duolingo.....The best way to learn a new language.

b) Which word means the same as the word assessment?

- A. essay
- B. experiment
- C. measurement
- D. guess

c) Which word is the same as app?

- A. applause
- B. appreciation
- C. application
- D. approval

Johnson Auto Repair

200 Main Street
Anytown, USA 00000



*Thank you for your recent service at Johnson Auto Repair. Your feedback is very important to us.
Please take a moment to complete this survey so that we can better serve you in the future.*

Your service consultant was Mike Pete Mary

How did you find out about our auto repair service?

- Online
Newspaper
Friend
Other

Please rate your service consultant using the following scale:

- 1=dissatisfied
2=somewhat satisfied
3=satisfied
4=very satisfied
5=extremely satisfied

	1	2	3	4	5
Knowledge			X		
Ability to Listen to and Answer Your Questions	X				
Professionalism		X			
Went above and beyond	X				
Overall rating		X			

Overall Comments

I am very dissatisfied with my experience at Johnson Auto Repair. My service consultant made me feel rushed. He talked down to me and was impatient when I asked questions. He said that I could pick the car up at the end of the day. When I arrived, my car was not ready. Although your company advertises reasonable prices, you get what you pay for! Your service consultant was rude and discourteous. The repairs that you made to my car were not up to standard. I will not refer your business to any of my family or friends.

6a) What is the main purpose of this form?

- A. To evaluate the service that Mike delivered at Johnson Auto Repair
- B. To apply for a job at Johnson Auto Repair
- C. To evaluate the types of services available at Johnson Auto Repair
- D. To assess Pete's performance as a service consultant

6b) Which sentence best describes an area where Pete needs the *least* improvement:

- A. Pete needs to listen better.
- B. Pete needs to be more professional.
- C. Pete needs to take more initiative.
- D. Pete needs to know more about cars.

6c) Which of the following *does not* describe the tone of the customer's comments?

- A. angry
- B. irate
- C. content
- D. upset

6d) What is the meaning of the phrase he talked down to me?

- A. He was solicitous.
- B. He was condescending.
- C. He was approachable.
- D. He was polite.

6e) Which quote below best summarizes "you get what you pay for":

- A. "You buy cheaply, you pay dearly." (French Proverb)
- B. "Excellence is to do a common thing in an uncommon way." (Booker T. Washington)
- C. "Some people want it to happen. Some wish it would happen. Others make it happen."
(Michael Jordan)
- D. "There are no traffic jams along the extra mile." (Roger Staubach)

6f) Which words could replace were not up to standard without changing the meaning of the sentence?

- A. Were not acceptable
- B. Were not bad
- C. Were not deficient
- D. Were not unsatisfactory

Lesson 2

To: All Department Managers

From: Rasheed Polk, Human Resources Department

Date: May 14, 2019

Subject: Change in Job-Advertising Procedures

Effective today, all advertisements for departmental job openings should be routed through the Human Resources Department.

A major problem resulted from the change in hiring procedures implemented last month. Each department has been placing newspaper advertisements for new hires individually. All requests should be centralized in this office. To process applications more efficiently, please follow this procedure:

1. Write an advertisement for a position in your department.
2. Let Human Resources place the ad in the appropriate newspaper or on an internet job site.
3. Pick up applicant folders from Human Resources the day following the closing date provided in the ad.

Following these guidelines will save you work and will enable Human Resources to help you fill your openings more quickly. Call Ann Edmonds at Ext. 351 if you have questions about this procedure.

1. Which word means the same as routed through in this email?

- A. Withheld from
- B. Hidden from
- C. Forwarded to
- D. Held back from

2. The main purpose of the email is to _____:

- A. To tell departments that they need to follow a centralized procedure for placing job ads.
- B. To tell departments that they can process applications by sending them out themselves.
- C. To tell everyone that the Human Resources Department will route advertisements to each department.
- D. To tell everyone that the new procedure will cause major problems.

3. The information in the email is organized as:

- A. Cause and effect
- B. Question and answer
- C. Problem and solution
- D. Topic and explanation

Lesson 2, Continued

To...	AmeliaRowe@atlas.com
Cc...	
Bcc...	
Subject	Resignation - Susan Sharp

Dear Ms. Rowe,

Please accept this message as notification that I am leaving my position with Atlas, Inc., effective September 15th.

I appreciate the opportunities that I have been given at Atlas, Inc. and your professional guidance and support. I wish you and the company success in the future.

Please let me know what to expect as far as my final work schedule, accrued vacation leave, and my employee benefits.

If I can be of assistance during this transition, please let me know.

Sincerely,

Susan Sharp

Cell: 555-555-5555

1. Which statement *best* summarizes this email?

- A. Susan knows what Ms. Rowe expects from her during her transition.
- B. Ms. Rowe is offering Susan a job with excellent benefits.
- C. Susan is letting Ms. Rowe know that she plans to leave her job.
- D. Susan does not appreciate the professional guidance and support that she has received.

2. Which word does *not* replace the word notification?

- A. disclosure
- B. revelation
- C. notice
- D. disregard

3. Based on the tone of the email, which statement is *probably true* about Susan?

- A. She is respectful, responsible and reliable.
- B. She is very difficult to work with.
- C. She is looking forward to her new job that begins prior to September 15th.
- D. She will be doing the same kind of job in the future.

Lesson 2, Continued

Directions: Read the email below and answer the questions on page 15.

To...	Mark Jones
Cc...	
Bcc...	
Subject	Flyer for our donation drive event

Hello Mark! It's great working with you on the fundraising committee. At our last meeting, we talked about creating a flyer to market our upcoming donation drive event. I found a sample flyer that we can use. It needs to be revised with up to date information, but it's a great starting point for us. Let me know what you think of it! Mary



Lesson 2, Continued

1. What does Mary mean when she says that the flyer is a great starting point?

- A. The flyer is complete and doesn't need any additional information.
- B. It's a good draft that they can use to create an updated flyer.
- C. It contains up to date information on their event.
- D. Mark and Mary already agree on the content of the flyer that Mary sent to him.

2. What information is not included on the sample flyer?

- A. Phone number
- B. Donation items
- C. Date of event
- D. Organization's Logo

3. What is the author's tone in the email?

- A. upbeat
- B. sad
- C. angry
- D. frustrated

4. Which word means the same as revised in the policy?

- A. reworked
- B. unmodified
- C. unedited
- D. unchanged

5. Which word means the same as nonperishable?

- A. Fresh
- B. Fragile
- C. Unpreserved
- D. Preserved

Lesson 2, Continued

To...	All Staff
Cc...	Executive Team
Bcc...	
Subject	New Organization

We are a rapidly growing company. As a result, we are making several organizational changes to allow us to focus on our greatest strengths including marketing and sales. We will be holding meetings over the next week to discuss the changes so that we can make a successful transition to our new organizational structure. Below is a summary of what is planned:

First, effective May 1, all customer service functions will be outsourced to the Best Service Company. The Best Service Company offers outstanding service to customers. Current customer service representatives will continue to have employment with Best Service Company. Training on their service protocols and procedures will take place in June.

Second, effective June 1, the corporate communications staff will move to the marketing team. This change will ensure that the right talent unites to write and development effective advertising and sales presentation materials. I am pleased to announce that Miguel Delgado will oversee the new marketing and communications organization. Miguel has significant writing and advertising experience to lead the team. Please join me in congratulating him on his new role.

Thank you in advance for your patience as we navigate through these changes! We are the best in the business!

Sincerely,

Maria

Maria Diego
President
Diego Enterprises

=====

- 1. When Maria uses the word summary, it suggests that she plans to:**
- A. outline what has happened at the company in the past
 - B. highlight new information about the company
 - C. review all of the concerns of employees
 - D. provide every detail about company plans for the next year

- 2. According to the email, corporate communications staff and the marketing team will:**
- A. merge
 - B. separate
 - C. divide
 - D. split up

Continue on to page 17.....

Lesson 2, Continued

3. Which statement from the email is an opinion?

- A. Training on their service protocols and procedures will take place in June.
- B. First, effective May 1, all customer service functions will be outsourced to the Best Service Company.
- C. I am pleased to announce that Miguel Delgado will oversee the new marketing and communications organization.
- D. We are the best in the business!

4. Which word could *not* replace protocols without changing the meaning of the sentence?

- A. conventions
- B. practices
- C. methods
- D. improvisation

5. What can you conclude about Maria's attitude towards Miguel?

- A. doubtful
- B. confident
- C. wavering
- D. confused

6. How did Maria organize the plans explained in her email?

- A. alphabetical order
- B. chronological order
- C. question and answer
- D. pros and cons